

LEVEL 5 - 78' Court (Yellow Ball) Special Olympics Tennis Rating Sheet



Athlete's Name: _____ Delegation: _____ Gender: _____ Age: _____ Div: _____

Level 1 (athlete's at this level should complete the ISC Skills Testing)	Level	E. Second Serve			Level
Player just starting to play tennis		Hits second serves with control			4
Level 2 (athlete's at this level should complete the 42' court rating sheet)	Level	F. Return of Serve			Level
Player advancing from ISC to matchplay competition.		Hits second serves with control and depth			6
		Hits second serves with control, depth and pace.			7
		Hits 2nd serves with spin, control, and depth			8
Level 5 Complete A through G	Level	G. Volleys			Level
A. Forehand	Level	Returns 2nd serve consistently <th>4</th>			4
Hits FH shots with little directional control	4	Returns some 1st serves, returns 2nd serves consistently			5
Sustains a short rally using FH and BH shots	5	Returns 1st and 2nd serves consistently			6
Sustains a rally with directional control	6	Aggressive return of 2nd serve; weak return of 1st serve			7
Sustains a rally with consistency and depth	7	Aggressive return of 1st and 2nd serves			8
Sustains an extended rally	8	H. Volleys			Level
B. Backhand	Level	Hits inconsistent volleys; avoids net			4
Hits BH shots with little directional control	4	Hits consistent FH volleys; BH volley is inconsistent			5
Has directional control of BH shots, but shots lack depth	5	Hits aggressive FH volleys; hits defensive BH volleys			6
Returns difficult shots defensively	6	Hits aggressive FH and BH volleys			8
Has difficulty with high and hard shots	7				
Controls FH and BH shots with direction, pace, and depth	8				
C. Movement	Level	Section	Category	Level	Comments :
Moves toward ball; but court coverage is poor	4	A	Forehand		
Movement allows sufficient court coverage of most shots	5	B	Backhand		
Exceptional court coverage	6	C	Movement		
Exceptional court coverage and hits defensive lobs and inconsistent overheads	7	D	First Serve		
Exceptional court coverage and hits offensive lobs and consistent overheads	8	E	Second Serve		
D. First Serve	Level	F	Return of Serve		
Hits 1st serves in at a slower pace	4	G	Volleys		
Hits 1st serves with pace	6	Add select levels Total			
Hits 1st serves with pace and control	8	Divide Total by 7		Total / 7	
		LEVEL 5 FINAL RATING			

Rater's Name: _____ Coaches' Rating: _____

Final Rating: _____

Divisioning Group Ranking: 1 2 3 4

1 = Highest in group