


ATHLETE NAME _____					M / F	Ball Feeder stands on opposite side of net, 2 meters from net.	Red Ball (Foam)
AGENCY _____		Division # _____		CIRCLE THE POINTS ON EACH ATTEMPT			
<i>SKILL</i>	<i>1st ball</i>	<i>2nd ball</i>	<i>3rd ball</i>	<i>4th ball</i>	<i>5th ball</i>	<i>TOTAL</i>	
FOREHAND VOLLEYS	0 5	0 5	0 5	0 5	0 5		
Athlete Positioned at net. 2 PRACTICE/5 ATTEMPTS							
BACKHAND VOLLEYS	0 5	0 5	0 5	0 5	0 5		
Athlete Positioned at net. 2 PRACTICE/5 ATTEMPTS							
FH GROUNDSTROKES	0 5	0 5	0 5	0 5	0 5		
Athlete positioned at service line 2 PRACTICE/5 ATTEMPTS							
BH GROUNDSTROKES	0 5	0 5	0 5	0 5	0 5		
Athlete positioned at service line 2 PRACTICE/5 ATTEMPTS							
SERVES - DUECE	0 10	0 10	0 10	0 10	0 10		
Athlete positioned at service line 2 PRACTICE/5 ATTEMPTS							
SERVES - AD	0 10	0 10	0 10	0 10	0 10		
Athlete positioned at service line 2 PRACTICE/5 ATTEMPTS							
ALTERNATING GROUNDSTROKES	<i>1st ball</i> 0 5	<i>2nd ball</i> 0 5	<i>3rd ball</i> 0 5	<i>4th ball</i> 0 5	<i>5th ball</i> 0 5		
Athlete positioned at service line	<i>6th ball</i>	<i>7th ball</i>	<i>8th ball</i>	<i>9th ball</i>	<i>10th ball</i>		
10 ALTERNATING FH/BH	0 5	0 5	0 5	0 5	0 5		
SCORING KEY							
GROUNDSTROKES/VOLLEYS SERVICE BOX = 5 PTS	SERVE Serve in Service Box = 10 PTS		 Special Olympics		GRAND TOTAL		