



Home work 5-6

- 6) Three Targets in a Row-**Put three small targets in a row, with at least 6 feet between them. Get someone to tell you which target to aim at, and then make the ball land on the target with an underhand throw. How many targets can you hit without missing? Increase the distance you stand away from the first target and still hit the right target.
- 7) Over the Barrier-** With a partner, throw a ball overhand as high as possible over a high barrier for your partner to catch. Can you make the ball go straight and high for the partner to catch before it bounces? How far can you throw it and still reach the partner?
- 8) Target Tennis-** Put large and small targets on the ground about 10 feet away from you. Throw a ball underhand to hit each target as many times as you can. See how many times you can get 10. Then do the same thing but with overhand throws. Which are you best at?